### Life Cycle of a Monarch

4 days for a caterpillar to emerge from and egg

10-14 days as a caterpillar munching away on any type of Asclepias

10-14 days as a Chyrsalis turning into a butterfly

2-5 weeks as a butterfly

However, the last generation (early fall), this generation can live up to 8 months as they travel back South and live.

#### **Fun Facts about Monarchs**

Monarchs migrate up to 2800 miles Each season produces about four generations of monarchs

# What you need to help Monarchs

Flat rocks in the sun for Monarchs to stop and rest Course Sand in a shallow pan filled with water to stay moist to provide water and minerals

## Host Plants – Where the Monarch lay their eggs and their babies can eat

Asclepias incarnate - Common Name: Swamp Milkweed Asclepias syriaca - Common Name: Common Milkweed Asclepias tuberosa - Common Name: Butterfly Milkweed

# Nectar Plants – What Monarchs like to sip when they are butterflies (this list is just a sample of what Monarch like to drink)

Ageratum

Lobularia Alyssum

Cleome

Coreopsis lanceolata Common Name: Lanceleaf Tickseed

Dianthus

Echinacea pallida Common Name: Pale Purple Coneflower Eupatorium purpureum Common Name: Sweetscented Joe Pye Helenium autunale Common Name: Common Sneezeweed

Liatris spicata Common Name: Dense Blazing Star

Lantana Salvia

Symphyotrichum cordifolium Common Name: Common Blue Wood Aster Symphyotrichum lanceolatum Common Name: White Panicle Aster Symphyotrichum novae-angliae Common Name: New England Aster

Viburnum prunifolium Common Name: Blackhaw

Zinnia elegans Common Name: Zinnia Zizia aurea Common Name: Golden Zizia

